

FIRST Swim Meeting: Session: 3: COACH evaluation sheet for TEAM: STZ

Coachinfo: Warming up from: 07:30 untill 08:35. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vekeman Christophe

Coaches: Januarius Bart

Coaches: Mens Jennifer

Coaches: Chrispeels Sarah

Coaches: Leemans Mats

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 11: 100M FREESTYLE WOMEN 11+			Heat:9, starttime: 09:00
Heat: 9/22 Lane : 7 Athlete: MECHROUBI YASMINA			Q-time: 01:13:05
PB (50m pool): 01:13.05 Antwerpen 08/03/2026			PB (25m pool): 01:12.36 SB: 01:13.05 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:35.95	01:13.05	
	00:35.95	00:37.10	
			

Coach feedback:

Event number: 11: 100M FREESTYLE WOMEN 11+			Heat:10, starttime: 09:02
Heat: 10/22 Lane : 8 Athlete: LOUCKX CÉLIE			Q-time: 01:12:15
PB (50m pool): 01:12.08 Antwerpen 19/04/2026			PB (25m pool): 01:10.44 SB: 01:12.08 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	
PB	00:34.34	01:12.08	
	00:34.34	00:37.74	
			

Coach feedback:

Event number: 11: 100M FREESTYLE WOMEN 11+			Heat:11, starttime: 09:03
Heat: 11/22 Lane : 1 Athlete: GHISLAIN EMILIE			Q-time: 01:10:36
PB (50m pool): 01:10.36 Antwerpen 13/07/2025			PB (25m pool): 01:08.21 SB: 01:12.86 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:33.61	01:10.36	
	00:33.61	00:36.75	
			

Coach feedback:

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Event number: 11: 100M FREESTYLE WOMEN 11+			Heat:13, starttime: 09:06
Heat: 13/22 Lane : 8 Athlete: HEYE MIRTHE			Q-time: 01:08:70
PB (50m pool): 01:08.70 Antwerpen 13/07/2025			PB (25m pool): 01:07.60 SB: 01:09.07 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:33.01	01:08.70	
	00:33.01	00:35.69	
			

Coach feedback:

Event number: 11: 100M FREESTYLE WOMEN 11+			Heat:14, starttime: 09:08
Heat: 14/22 Lane : 7 Athlete: DHONDT ANNELIEN			Q-time: 01:07:93
PB (50m pool): 01:06.68 Antwerpen 20/07/2025			PB (25m pool): 01:06.13 SB: 01:07.93 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:31.89	01:06.68	
	00:31.89	00:34.79	
			

Coach feedback:

Event number: 11: 100M FREESTYLE WOMEN 11+			Heat:16, starttime: 09:11
Heat: 16/22 Lane : 5 Athlete: GHISLAIN JULIETTE			Q-time: 01:05:98
PB (50m pool): 01:05.98 MOUSCRON 29/05/2025			PB (25m pool): 01:05.63 SB: 01:08.24 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:31.58	01:05.98	
	00:31.58	00:34.40	
			

Coach feedback:

Event number: 11: 100M FREESTYLE WOMEN 11+			Heat:18, starttime: 09:14
Heat: 18/22 Lane : 0 Athlete: AELEN BENTE			Q-time: 01:04:60
PB (50m pool): 01:04.60 Antwerpen 08/03/2026			PB (25m pool): 01:03.83 SB: 01:04.60 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:31.41	01:04.60	
	00:31.41	00:33.19	
			

Coach feedback:

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Event number: 11: 100M FREESTYLE WOMEN 11+			Heat:21, starttime: 09:19
Heat: 21/22 Lane : 6 Athlete: IANNINO VALENTINA			Q-time: 00:59:73
PB (50m pool): 00:59.73 Antwerpen 08/03/2026			PB (25m pool): 00:58.68 SB: 00:59.73 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:28.56	00:59.73	
	00:28.56	00:31.17	
			

Coach feedback:

Event number: 12: 100M FREESTYLE MEN 11+			Heat:5, starttime: 09:30
Heat: 5/23 Lane : 1 Athlete: DOBBELEIRE NIELS			Q-time: 01:14:44
PB (50m pool): 01:14.44 Antwerpen 15/03/2026			PB (25m pool): 01:15.18 SB: 01:14.44 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:36.49	01:14.44	
	00:36.49	00:37.95	
			

Coach feedback:

Event number: 12: 100M FREESTYLE MEN 11+			Heat:5, starttime: 09:30
Heat: 5/23 Lane : 7 Athlete: HAAN ALEXANDER			Q-time: 01:14:05
PB (50m pool): 01:13.46 Antwerpen 19/04/2026			PB (25m pool): 01:14.06 SB: 01:13.46 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	
PB	00:34.23	01:13.46	
	00:34.23	00:39.23	
			

Coach feedback:

Event number: 12: 100M FREESTYLE MEN 11+			Heat:6, starttime: 09:32
Heat: 6/23 Lane : 7 Athlete: LOUCKX TIM			Q-time: 01:12:20
PB (50m pool): 01:12.20 Antwerpen 08/03/2026			PB (25m pool): 01:09.90 SB: 01:12.20 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:34.91	01:12.20	
	00:34.91	00:37.29	
			

Coach feedback:

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Event number: 12: 100M FREESTYLE MEN 11+			Heat:7, starttime: 09:33
Heat: 7/23 Lane : 0 Athlete: WIELEMAN ROBBE			Q-time: 01:11:34
PB (50m pool): 01:10.00 Antwerpen 19/04/2026			PB (25m pool): 01:10.40 SB: 01:10.00 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	
PB	00:33.28	01:10.00	
	00:33.28	00:36.72	
			

Coach feedback:

Event number: 12: 100M FREESTYLE MEN 11+			Heat:7, starttime: 09:33
Heat: 7/23 Lane : 6 Athlete: SAADEH NAYIM			Q-time: 01:10:20
PB (50m pool): 01:10.08 Antwerpen 19/04/2026			PB (25m pool): 01:13.86 SB: 01:10.08 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	
PB	00:32.71	01:10.08	
	00:32.71	00:37.37	
			

Coach feedback:

Event number: 12: 100M FREESTYLE MEN 11+			Heat:7, starttime: 09:33
Heat: 7/23 Lane : 8 Athlete: GHISLAIN ANTOINE			Q-time: 01:10:91
PB (50m pool): 01:10.91 Antwerpen 15/03/2026			PB (25m pool): 01:11.61 SB: 01:10.91 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:34.89	01:10.91	
	00:34.89	00:36.02	
			

Coach feedback:

Event number: 12: 100M FREESTYLE MEN 11+			Heat:8, starttime: 09:35
Heat: 8/23 Lane : 5 Athlete: PEETERS KOBE			Q-time: 01:08:72
PB (50m pool): 01:08.72 Molenbeek 01/02/2026			PB (25m pool): 01:08.09 SB: 01:08.72 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:08.72	
	no time		
			

Coach feedback:

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Event number: 12: 100M FREESTYLE MEN 11+			Heat:10, starttime: 09:38
Heat: 10/23 Lane : 3 Athlete: LESCRAUWAET MAX			Q-time: 01:05:40
PB (50m pool): 01:05.40 Antwerpen 08/03/2026			PB (25m pool): 01:04.06 SB: 01:05.40 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:31.32	01:05.40	
	00:31.32	00:34.08	
			

Coach feedback:

Event number: 12: 100M FREESTYLE MEN 11+			Heat:10, starttime: 09:38
Heat: 10/23 Lane : 6 Athlete: VEKEMAN KWINTE			Q-time: 01:05:55
PB (50m pool): 01:05.55 Molenbeek 01/02/2026			PB (25m pool): 01:03.21 SB: 01:05.55 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:05.55	
	no time		
			

Coach feedback:

Event number: 12: 100M FREESTYLE MEN 11+			Heat:11, starttime: 09:40
Heat: 11/23 Lane : 8 Athlete: VANDERGUCHT JONAS			Q-time: 01:04:93
PB (50m pool): 01:04.93 Antwerpen 15/03/2026			PB (25m pool): 01:05.18 SB: 01:04.93 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:31.16	01:04.93	
	00:31.16	00:33.77	
			

Coach feedback:

Event number: 12: 100M FREESTYLE MEN 11+			Heat:17, starttime: 09:48
Heat: 17/23 Lane : 4 Athlete: KENTIN SHANE			Q-time: 00:59:31
PB (50m pool): 00:59.14 Antwerpen 19/04/2026			PB (25m pool): 00:56.16 SB: 00:59.14 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	
PB	00:27.99	00:59.14	
	00:27.99	00:31.15	
			

Coach feedback:

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Event number: 12: 100M FREESTYLE MEN 11+			Heat:17, starttime: 09:48
Heat: 17/23 Lane : 6 Athlete: TUBBE XANDER			Q-time: 00:59:46
PB (50m pool): 00:58.77 Antwerpen 19/04/2026			PB (25m pool): 00:58.40 SB: 00:58.77 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	
PB	00:28.03	00:58.77	
	00:28.03	00:30.74	
			

Coach feedback:

Event number: 12: 100M FREESTYLE MEN 11+			Heat:18, starttime: 09:50
Heat: 18/23 Lane : 9 Athlete: DE HAES TIBO			Q-time: 00:59:31
PB (50m pool): 00:59.31 Antwerpen 15/03/2026			PB (25m pool): 01:00.19 SB: 00:59.31 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:28.29	00:59.31	
	00:28.29	00:31.02	
			

Coach feedback:

Event number: 12: 100M FREESTYLE MEN 11+			Heat:19, starttime: 09:51
Heat: 19/23 Lane : 1 Athlete: MEERT VINCE			Q-time: 00:58:40
PB (50m pool): 00:58.40 Antwerp 09/02/2025			PB (25m pool): 00:57.10 SB: 00:58.65 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	
PB	00:27.80	00:58.40	
	00:27.80	00:30.60	
			

Coach feedback:

Event number: 12: 100M FREESTYLE MEN 11+			Heat:20, starttime: 09:53
Heat: 20/23 Lane : 4 Athlete: VANHASSEL MATHIAS			Q-time: 00:57:33
PB (50m pool): 00:57.33 Molenbeek 01/02/2026			PB (25m pool): 00:56.95 SB: 00:57.33 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	00:57.33	
	no time		
			

Coach feedback:

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Event number: 12: 100M FREESTYLE MEN 11+			Heat:21, starttime: 09:54
Heat: 21/23 Lane : 8 Athlete: CLEYMANS KARSTEN			Q-time: 00:56:81
PB (50m pool): 00:56.81 Lago Gent Rozebroeken 04/05/2025			PB (25m pool): 00:55.03 SB: 00:58.47 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	
PB	00:27.16	00:56.81	
	00:27.16	00:29.65	
			

Coach feedback:

Event number: 12: 100M FREESTYLE MEN 11+			Heat:22, starttime: 09:55
Heat: 22/23 Lane : 3 Athlete: THIÉBAUT NOAH			Q-time: 00:52:92
PB (50m pool): 00:52.92 Antwerpen 27/04/2025			PB (25m pool): 00:52.74 SB: 00:54.04 Luxembourg - Kirchberg 15/03/2026
	5 0 M	1 0 0 M	
PB	00:25.72	00:52.92	
	00:25.72	00:27.20	
			

Coach feedback:

Event number: 12: 100M FREESTYLE MEN 11+			Heat:23, starttime: 09:57
Heat: 23/23 Lane : 1 Athlete: CLEYMANS TORBEN			Q-time: 00:56:19
PB (50m pool): 00:55.63 Antwerpen 21/04/2024			PB (25m pool): 00:54.05 SB: 00:56.37 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	
PB	no time	00:55.63	
	no time		
			

Coach feedback:

Event number: 13: 100M BACKSTROKE WOMEN 11+			Heat:2, starttime: 10:01
Heat: 2/20 Lane : 3 Athlete: DHONDT ANNELIEN			Q-time: 99:99:99
PB (50m pool): 01:21.84 Charleroi 11/05/2025			PB (25m pool): 01:20.46 SB: no time
	5 0 M	1 0 0 M	
PB	00:39.27	01:21.84	
	00:39.27	00:42.57	
			

Coach feedback:

FIRST Swim Meeting: Session: 3: COACH evaluation sheet for TEAM: STZ

Event number: 13: 100M BACKSTROKE WOMEN 11+			Heat:9, starttime: 10:18
Heat: 9/20 Lane : 5 Athlete: LOUCKX CÉLIE			Q-time: 01:25:08
PB (50m pool): 01:24.81 Antwerpen 13/07/2025			PB (25m pool): 01:20.10 SB: 01:25.08 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:41.91	01:24.81	
	00:41.91	00:42.90	
			

Coach feedback:

Event number: 13: 100M BACKSTROKE WOMEN 11+			Heat:9, starttime: 10:18
Heat: 9/20 Lane : 7 Athlete: MECHROUBI YASMINA			Q-time: 01:26:56
PB (50m pool): 01:24.74 Antwerpen 19/04/2026			PB (25m pool): 01:23.35 SB: 01:24.74 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	
PB	00:40.70	01:24.74	
	00:40.70	00:44.04	
			

Coach feedback:

Event number: 13: 100M BACKSTROKE WOMEN 11+			Heat:11, starttime: 10:22
Heat: 11/20 Lane : 2 Athlete: GHISLAIN JULIETTE			Q-time: 01:22:54
PB (50m pool): 01:22.54 Lago Gent Rozebroeken 04/05/2025			PB (25m pool): 01:20.68 SB: 01:26.27 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	
PB	00:39.93	01:22.54	
	00:39.93	00:42.61	
			

Coach feedback:

Event number: 13: 100M BACKSTROKE WOMEN 11+			Heat:13, starttime: 10:27
Heat: 13/20 Lane : 3 Athlete: HEYE MIRTHE			Q-time: 01:19:34
PB (50m pool): 01:19.34 Antwerpen 13/07/2025			PB (25m pool): 01:16.64 SB: 01:20.25 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:37.39	01:19.34	
	00:37.39	00:41.95	
			

Coach feedback:

FIRST Swim Meeting: Session: 3: COACH evaluation sheet for TEAM: STZ

Event number: 13: 100M BACKSTROKE WOMEN 11+			Heat:16, starttime: 10:33
Heat: 16/20 Lane : 7 Athlete: IANNINO VALENTINA			Q-time: 01:16:68
PB (50m pool): 01:16.68 Antwerp 26/01/2025			PB (25m pool): 01:10.90 SB: 01:17.32 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:37.27	01:16.68	
	00:37.27	00:39.41	
			

Coach feedback:

Event number: 13: 100M BACKSTROKE WOMEN 11+			Heat:18, starttime: 10:37
Heat: 18/20 Lane : 6 Athlete: AELEN BENTE			Q-time: 01:09:80
PB (50m pool): 01:09.80 Antwerpen 08/03/2026			PB (25m pool): 01:09.23 SB: 01:09.80 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:34.96	01:09.80	
	00:34.96	00:34.84	
			

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11+			Heat:2, starttime: 10:45
Heat: 2/19 Lane : 2 Athlete: DOBBELEIRE NIELS			Q-time: 01:41:18
PB (50m pool): 01:41.18 Antwerpen 13/07/2025			PB (25m pool): 01:34.53 SB: no time
	5 0 M	1 0 0 M	
PB	00:51.23	01:41.18	
	00:51.23	00:49.95	
			

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11+			Heat:4, starttime: 10:50
Heat: 4/19 Lane : 2 Athlete: HAAN ALEXANDER			Q-time: 01:30:26
PB (50m pool): 01:29.23 Antwerpen 19/04/2026			PB (25m pool): 01:27.59 SB: 01:29.23 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	
PB	00:43.56	01:29.23	
	00:43.56	00:45.67	
			

Coach feedback:

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Event number: 14: 100M BACKSTROKE MEN 11+			Heat:4, starttime: 10:50
Heat: 4/19 Lane : 8 Athlete: PEETERS KOBE			Q-time: 01:31:71
PB (50m pool): 01:31.71 Gent 08/02/2026			PB (25m pool): 01:23.65 SB: 01:31.71 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:44.79	01:31.71	
	00:44.79	00:46.92	
			

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11+			Heat:6, starttime: 10:55
Heat: 6/19 Lane : 4 Athlete: LOUCKX TIM			Q-time: 01:23:89
PB (50m pool): 01:23.89 Antwerpen 20/07/2025			PB (25m pool): 01:21.60 SB: 01:24.38 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	
PB	no time	01:23.89	
	no time		
			

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11+			Heat:6, starttime: 10:55
Heat: 6/19 Lane : 9 Athlete: SAADEH NAYIM			Q-time: 01:25:06
PB (50m pool): 01:21.10 Antwerpen 19/04/2026			PB (25m pool): 01:22.92 SB: 01:21.10 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	
PB	00:40.07	01:21.10	
	00:40.07	00:41.03	
			

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11+			Heat:7, starttime: 10:57
Heat: 7/19 Lane : 1 Athlete: GHISLAIN ANTOINE			Q-time: 01:23:62
PB (50m pool): 01:19.84 Antwerpen 19/04/2026			PB (25m pool): 01:17.87 SB: 01:19.84 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	
PB	00:39.24	01:19.84	
	00:39.24	00:40.60	
			

Coach feedback:

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Event number: 14: 100M BACKSTROKE MEN 11+			Heat:7, starttime: 10:57
Heat: 7/19 Lane : 9 Athlete: WIELEMAN ROBBE			Q-time: 01:23:88
PB (50m pool): 01:21.15 Antwerpen 19/04/2026			PB (25m pool): 01:19.01 SB: 01:21.15 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	
PB	00:39.43	01:21.15	
	00:39.43	00:41.72	
			

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11+			Heat:8, starttime: 10:59
Heat: 8/19 Lane : 7 Athlete: VANDERGUCHT JONAS			Q-time: 01:21:39
PB (50m pool): 01:21.39 Antwerpen 15/03/2026			PB (25m pool): 01:20.50 SB: 01:21.39 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:39.04	01:21.39	
	00:39.04	00:42.35	
			

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11+			Heat:10, starttime: 11:03
Heat: 10/19 Lane : 7 Athlete: DE HAES TIBO			Q-time: 01:17:66
PB (50m pool): 01:13.31 Antwerpen 19/04/2026			PB (25m pool): 01:15.44 SB: 01:13.31 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	
PB	00:35.09	01:13.31	
	00:35.09	00:38.22	
			

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11+			Heat:11, starttime: 11:05
Heat: 11/19 Lane : 4 Athlete: HALLET BRENT			Q-time: 01:15:64
PB (50m pool): 01:14.45 Antwerpen 19/04/2026			PB (25m pool): 01:11.35 SB: 01:14.45 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	
PB	00:36.39	01:14.45	
	00:36.39	00:38.06	
			

Coach feedback:

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Event number: 14: 100M BACKSTROKE MEN 11+			Heat:12, starttime: 11:07
Heat: 12/19 Lane : 3 Athlete: VANHASSEL MATHIAS			Q-time: 01:14:47
PB (50m pool): 01:13.40 Lago Gent Rozebroeken 05/05/2024 PB (25m pool): 01:09.52 SB: 01:14.47 Gent 08/02/2026			
	5 0 M	1 0 0 M	
PB	no time	01:13.40	
	no time		
			

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11+			Heat:13, starttime: 11:09
Heat: 13/19 Lane : 4 Athlete: LESCRAUWAET MAX			Q-time: 01:13:23
PB (50m pool): 01:13.23 Antwerpen 08/03/2026 PB (25m pool): 01:10.90 SB: 01:13.23 Antwerpen 08/03/2026			
	5 0 M	1 0 0 M	
PB	00:35.73	01:13.23	
	00:35.73	00:37.50	
			

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11+			Heat:14, starttime: 11:11
Heat: 14/19 Lane : 6 Athlete: KENTIN SHANE			Q-time: 01:12:42
PB (50m pool): 01:10.00 Antwerpen 19/04/2026 PB (25m pool): 01:05.75 SB: 01:10.00 Antwerpen 19/04/2026			
	5 0 M	1 0 0 M	
PB	00:33.78	01:10.00	
	00:33.78	00:36.22	
			

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11+			Heat:17, starttime: 11:17
Heat: 17/19 Lane : 5 Athlete: THIÉBAUT NOAH			Q-time: 00:58:39
PB (50m pool): 00:58.39 Antwerpen 27/07/2025 PB (25m pool): 00:57.25 SB: 01:00.62 Antwerpen 19/04/2026			
	5 0 M	1 0 0 M	
PB	00:28.46	00:58.39	
	00:28.46	00:29.93	
			

Coach feedback:

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Event number: 14: 100M BACKSTROKE MEN 11+										Heat:17, starttime: 11:17	
Heat: 17/19 Lane : 9 Athlete: CLEYMANS KARSTEN										Q-time: 01:07:72	
PB (50m pool): 01:07.72 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:05.43 SB: no time											
	5 0 M		1 0 0 M								
PB	00:33.69		01:07.72								
	00:33.69		00:34.03								
											

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11+										Heat:19, starttime: 11:21	
Heat: 19/19 Lane : 9 Athlete: CLEYMANS TORBEN									Q-time: 01:07:65		
PB (50m pool): 01:07.65 Antwerpen 13/07/2025										PB (25m pool): 01:06.82 SB: 01:10.41 Antwerpen 19/04/2026	
	5 0 M		1 0 0 M								
PB	00:32.92		01:07.65								
	00:32.92		00:34.73								
											

Coach feedback:

Event number: 15: 400M MEDLEY WOMEN 11+							Heat:1, starttime: 11:23	
Heat: 1/2 Lane : 6 Athlete: GHISLAIN EMILIE							Q-time: 06:10:73	
PB (50m pool): 06:10.73 MOUSCRON 29/05/2025							PB (25m pool): 06:07.57 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:39.54	01:27.30	02:16.58	03:02.93	03:54.02	04:46.50	05:29.35	06:10.73
	00:39.54	00:47.76	00:49.28	00:46.35	00:51.09	00:52.48	00:42.85	00:41.38
								

Coach feedback:

Event number: 16: 400M MEDLEY MEN 11+							Heat:2, starttime: 11:44										
Heat: 2/3 Lane : 0 Athlete: HALLET BRENT							Q-time: 05:37:10										
PB (50m pool): 05:37.10 Molenbeek 01/02/2026									PB (25m pool): 05:20.51SB: 05:37.10 Molenbeek 01/02/2026								
	5 0 M		1 0 0 M		1 5 0 M		2 0 0 M		2 5 0 M		3 0 0 M		3 5 0 M		4 0 0 M		
PB	no time		01:16.95		no time		no time		no time		no time		no time		05:37.10		
	no time																
																	

Coach feedback: